





July Programming Calendar

EarlyON centres offer FREE drop-in programs for families, caregivers and children from birth to 6 years of age.

 All Programs are closed July 1st & 2nd. 					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning					
Ages 0-6 years Playgroup 9:00-11:30 2330 Don Reid Dr	Ages 0-6 years Playgroup 9:00-11:30 2330 Don Reid Dr	Ages 0-6 years Playgroup 9:00-11:30 2330 Don Reid Dr	Ages 0-6 years Playgroup 9:00-11:30 2330 Don Reid Dr	Ages 0-6 years Playgroup 9:00-11:30 2330 Don Reid Dr	Ages 0-6 Playgroup 9:00-11:15 2330 Don Reid Dr
	Open Air Outdoor Sharel Park 9:30-11:00 <u>click here for location</u>	 McLean Cooperative 9:00-11:15 343 Parkin Circle	Nearby Nature at Coronation Park 9:30 - 11:00 <u>*click here for meet up location</u>	Intergenerational Perley Health 9:15-11:15 1750 Russell Rd	
Afternoon					
Baby & Me 1:30-3:30 2330 Don Reid Dr *0-12 months of age	Ages 0-6 Playgroup 1:30-3:30 2330 Don Reid Dr	No Program	Baby & Me 1:30-3:30 2330 Don Reid Dr *0-12 months of age	Ages 0-6 Playgroup 1:30-3:30 2330 Don Reid Dr	No Program
	 Trainyards Baby & Me 1:30-3:30 700 Industrial Ave *Unit 600* *0-18 months of age			Trainyards Baby & Me 1:30-3:30 700 Industrial Ave *Unit 600* *0-18 months of age	

[To learn more about our different programs click here](#)

Reminders



Scent Free Environment



Nut Free Environment



Shoes Required Indoors

DISCLAIMER: All playgroups are subject to cancellations. Subscribe to our emailed newsletter or follow us on Facebook for the latest news.



Around the Rainbow Playgroup
The playgroup is closed for the summer



On Monday's from 1:00-3:00pm, Public Health Nurses will be at our Don Reid location to offer support for breastfeeding and answer questions on healthy development for children 0-6 years of age.



DOWN SYNDROME ASSOCIATION
NATIONAL CAPITAL REGION
ASSOCIATION SYNDROME DE DOWN
REGION DE LA CAPITALE NATIONALE

DSA-NCR Playgroup

The playgroup is closed for the summer

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July 1st & 2nd.**



Hours of operation:

Monday-Friday 8:30 - 4:30
Saturday 8:30 - 12:00

Toy Library hours:

Thursday 9:00 - 11:45 & 1:30 - 3:30
Saturday 8:45 - 11:45

closed 12:00 - 1:00 for lunch hour



For more information, you can call us at

613-737-6369

send an email to

earlyonottawasouth@afchildrensservices.ca

or visit our website at

<https://www.afchildrensservices.ca/earlyon-child-and-family-centre/>

